



# PASSPORT

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## DON'T MISS THE FRIENDSHIP FORCE OF LINCOLN ANNUAL MEETING - SUNDAY, AUGUST 25, 2019

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## GREETINGS FROM THE PRESIDENT



*by Julie Albrecht  
President*

**T**he FFL Annual Meeting is August 25 and we hope to see all of you there... The registration is in the newsletter. Several members attended the FFI conference in Bolder, Colorado. We will have a presentation at the Annual Meeting to share what we learned. All of us came away inspired by the conference.

### CHECK OUT OUR REGULAR FFL PROGRAMS

**E**very month we have a Breakfast and Conversation that provides an opportunity for FFL members to get to know each other and have fun with a challenging question for discussion. We meet on the 2nd Saturday of each month at Stauffer's Restaurant.

**L**EO's (Let's Eat Out) are held every 3 months and provides FFL members to learn more about an ethnic restaurant in Lincoln and enjoy the company of members and your guests!

**O**ur FFL Board meetings are held on the first Thursday of each month at First Lutheran Church on South 70th Street. The board meetings are open to any member to attend. Note that the board meeting is held at 6 PM.

### FFI WORLD CONFERENCE

*By Pat King*

**S**ix members of the Lincoln Friendship Force attended the FF World Conference in Boulder, Colorado July 23-27 (Wendy Horacek, Arlene Rea, JoEllen Polzein, Laurie Ann and Larry Scott and Julie Albrecht). They were joined by Friendship Force members from Japan, Brazil, Russia, South Africa, New Zealand and other countries. Also attending were guests from Mongolia, Nepal, Uganda, and Bhutan where new Friendship Force clubs are being established.



Jeremi Snook, President and CEO of FFI, emphasized the need to work for world peace, one of the founding precepts of the Friendship Force. Other speakers echoed this theme.

A variety of workshops were available to participants on membership, domestic journeys, Open World, club development, being a good ambassador, navigating the FFI website and other topics. Barbecue and bluegrass music was the theme of the evening celebration. Optional tours, including canoeing and nature, were available after the conference.

## Friendship Force of Lincoln Annual Meeting - August 25, 2019

**WE WILL MEET AT 5:30 P.M. ON AUGUST 25, 2019 AT SOUTHEAST COMMUNITY COLLEGE, 84TH AND O STREETS.**

### THE INTERNATIONAL MENU INCLUDES:

- Papaya Salad (Asian)
- Ratatouille (Italian)
- Chicken Satay with Peanut Sauce (Thai)
- Moroccan Stewed Beef
- Focaccia (Italian)
- Macarons (French).

### THE PROGRAM INCLUDES

- Executive Chef Mike Vandenberg and Students
- Texas Exchange
- Business Meeting
- Election of Officers
- FFI Conference presentation

### HOLIDAY PARTY REGISTRATION

Cost for the evening is \$16.50 (tax and tip included) per person to be paid at the time of the reservations. Please send your check to Pat King, 1200 Coachman's Drive, Lincoln, NE 68510 by August 15.

Name(s) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Email \_\_\_\_\_

Guest's Name \_\_\_\_\_

Number of persons attending \_\_\_\_\_ x \$16.50 each      Total Payment \_\_\_\_\_

Make check payable to FFL. \$20.00 Late FEE after August 15



## It's not too late to Join us on the Journey to Georgia & Azerbaijan

A few places are still available for Lincoln Friendship Force's upcoming journey to Georgia and Azerbaijan. Home stays in Tblisi and Baku are included.

A highlight In Georgia will be a visit to the 6th Century Jvari Monastery and 11th Century Svetitskhoveli Cathedral where the Robe of Christ is buried. Both are UNISCO World Heritage Sites.

The Uplistsike Cave Town where a theatre, temple and ancient market have been carved into the soft sandstone and the Stalin Museum and house where Joseph Stalin was born are both scheduled.

In Azerbaijan the group will enjoy a boat tour on the Caspian Sea, a baking demonstration of Tendir Chorek, Azerbaijan's National bread, and a chance to see a ballet or opera. Members will have an opportunity to reconnect with Friendship Force members who came to Lincoln last year.

The dates of the journey are Oct 2-15. The cost of the journey is \$2,145 including transportation, fees, entrance tickets, parties, and 2 nights in Sheki. A partial scholarship based on financial need is possible. For additional information, contact Wendy Horacek, 402-327-9656, whoracek@yahoo.com.

## Let's Eat Out

### LEO By Bruce Keim

**D**affodil Mediterranean Cuisine was our last LEO outing on July 25th. It was an excellent turnout of 27 club members and 1 guest (The Friendship Force Sarasota). What a treat it was to be able to sample some of the foods before we ordered. Narges Montazer is the owner and prepares all of her own foods. Narges came to the USA about 26 years ago while her husband was a student at the University. She is a native of Iran and told me that the word Daffodil is the Persian translation of her name Narges.

Narges started making food for friends and many urged her to start selling her different dishes. The Lincoln farmers market was her starting point for this with baklava and several other dishes. She is now in her second sit down location next to Eileen's cookies in the Old Cheney Center. There you will find the menu on a black chalk board full of exciting dishes all with numbers and prices. The menu include items like Pomegranate Walnut Chicken, Meatballs with berry's or a dish she makes every day Eggplant Parmesan. If you have never eaten here before I would highly recommend that you stop by and try the Daffodil.

The next LEO will be 6:00 P.M. on Tuesday October

22 at Tia Lety's for a taste of Salvadoran food. It is located at 2701 North 27th Street. Tia Lety's should be an interesting stop for some south of the boarder dishes. Hope to see everyone there in October.



**O**n May 21st a rainy Tuesday night 18 members of the Lincoln Friendship force gathered at Vung Tau Pho Grill Restaurant.

The Vietnamese restaurant has been in business for 20 plus years. Daniel explained how the building had been expanded over the years and will now seat about 75 people. He explained the menu which included 43 options. Appetizers included Spring rolls (2) that were very tasty and almost a meal by themselves. You could also choose Egg rolls or fried shrimp. The steaming Pho (beef and rice noodle soup) came in 3 sizes and 12 dif-

ferent combinations of beef. Some had Com Dia which is a steaming rice platter with grilled pork or chicken and fresh veggies. Daniel had a special for that night of Spare Ribs. A large helping de-boned BBQ rib meat over rice. The serving sizes were large and many left with to go boxes in hand. The Bubble Tea was an interesting cold drink that came in multiple flavors. Carlene had a Peach Bubble tea which was very refreshing and contained large pieces of peach fruit in the drink.



### 2020 SLATE OF OFFICERS FROM THE NOMINATION COMMITTEE

- **President: Arlene Rea**
- **Vice President: Maxine Moul**
- **Treasurer: Milt Bayer**
- **Secretary: Ann Quinlan**

**We will vote on the slate at the Annual Meeting, August 25, 2019**

## Friendship Force Lincoln News

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### FFI BOARD MEMBER COMES TO LINCOLN

**F**FL member Betty Starr hosted Marilyn Peterson, FFI Board Member, following the FFI Conference in Bolder. Betty hosted a brunch for the FFL Board members in her home. Marilyn gave us an overview of the workings and roles of the FFI Board. She answered many questions that we had about the future of FFL. Marilyn also attended our FFL Board meeting in August. Thanks, Betty for hosting Marilyn!!

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### HAPPY 40TH FFGO!

**S**even members of FFL helped Friendship Force of Greater Omaha celebrate their 40th Birthday. Barbara Ridder, Carolyn Kitterer, Kay Straube, Joanna Rogers, Julie Albrecht, and Laurie Ann and Larry Scott met the FFGO club members for a wonderful lunch, games and a program on rescue animals. FFGO members are traveling to Germany in August and for 2020, they will be going to Brazil. They will be inviting FFL members to join them in this outbound journey.

## 2019 Upcoming Dates - Mark Your Calendar

### AUGUST

- 10 Breakfast 8:30 AM Stauffer's Café, 5600 S. 48th Street
- 25 Annual Meeting, 4:30 PM Southeast Community College

### SEPTEMBER

- 5 Board Mtg 6 PM First Lutheran Church, 1551 S. 70th Street
- 14 Breakfast 8:30 AM Stauffer's Café, 5600 S. 48th Street
- 30 Outbound Journey to Azerbaijan and Georgia

### OCTOBER

- 3 Board Mtg 6 PM First Lutheran Church, 1551 S. 70th Street
- 1-15 Outbound Journey to Azerbaijan & Georgia
- 12 Breakfast 8:30 AM Stauffer's Café, 5600 S. 48th Street

### NOVEMBER

- 7 Board Mtg 6 PM First Lutheran Church, 1551 S. 70th Street
- 9 Breakfast 8:30 AM Stauffer's Café, 5600 S. 48th Street

### DECEMBER

- 4 Board Mtg to be determined
- 6 Holiday Party Ferguson House
- 14 Breakfast 8:30 AM Stauffer's Café, 5600 S. 48th Street